

A Wish in an Entanglement

I am strangled and surrounded by the knots of existing as a single petal caught in a life unplanned.
I find solace in the serenity of nature and from walking the stunning tapestry of this land.

Every sunset followed by a sunrise signifies that endings are followed by a glorious new start.
And I pray that just as Mother Nature brings magic with her gentle touch that she will also tap my heart.

And make it full of hope and positivity when I find it difficult to travel the meandering roads of life's maze.
That are symbolic of the complexities of this earthly journey and the webs created that leave me in a haze.

Of uncertainty and incredulity at how I'm supposed to navigate steep inclines without a map.
Whilst shouldering sorrows and burdens and challenges that cause my energy to spill and sap.

But just as a dew filled morning mist lifts to make way for a golden flooded day.
I shake myself and remove the clagging dust that causes a wounding soul decay.

I stretch and make preparations to disembark and climb down from the flimsy bonds that bind me.
To that which is not in my best interests whilst my expectations are not as high as they should be.

I realise that I don't have to stay stuck if I simply loosen my grip and relinquish my need to control.
I can stay suspended in mid air without a safety net or I can choose to see my broken pieces as being whole.

And I can float to the ground using a propellor of cotton that has taken years for me to create.
It is made from people, experiences and memories that have shook me and helped me to appreciate.

That I am stronger than I look and have all the qualities I need to heal myself housed in my heart within.
It has been torn apart many times but I never let those who betray and hurt me to win.

I am a fairy wish on a stalk that is made from the strongest and most impenetrable steel.
I am a queen wearing a silken crown but don't be deceived as my weapons are concealed.

They are courage, love, determination and gratitude and a will to always do my level best.
You may tie me up in a web of entanglements but my ability to survive you will never suppress.

By Fionnuala Cassidy

